COMERARISK

Comera Risk Ltd
Level 3 SAFE Lite

Highfield Accreditation
Programme Summary

Start Date: 20th October 2020

Version: 1

End Date: 31st October 2023

Contents

Comera Risk Ltd Level 3 SAFE Lite

Introduction

This summary is designed to outline all information related to this Highfield Accredited Programme for Comera Risk Ltd.

This programme is written and owned by Comera Risk Ltd and accredited by Highfield.

This is not a regulated qualification, nor is it recognised by the regulators of England, Wales, Northern Ireland or Scotland (Ofqual, Qualifications Wales, CCEA and SQA).

Under no circumstances should this programme be represented to be a qualification or that it is recognised by any qualification regulator.

Programme objective and content

SAFE Lite provides baseline generic security awareness and understanding to stay safe and be situationally aware. A popular course for companies with work forces working on and around major cities, as well as for universities for gap-year students, overseas secondments, work placements, or on-campus students. It is also very beneficial for accompanying spouses, partners and dependants of those who are posted in risk areas.

First aid will be delivered alongside this programme but does not form part of this accreditation through Highfield.

Entry requirements

Learners must be a minimum of 18 years of age, and must be physically capable of completing the practical assessment.

It is also advised that learners have a minimum of Level 1 in English.

Geographical coverage

This learning programme has been developed for learners in the UK.

Delivery guidance

This programme is made up of 11.5 GLH. Full details of all content can be found on from page 6 of this document. First aid will be delivered alongside this programme but does not form part of this accreditation through Highfield.

To effectively deliver this programme, the centre must have the following resources in place:
- Appropriate Personal Protective Equipment for demonstration e.g. Ballistic Plates – Steel and Ceramic, Body Armour, Ballistic Helmet
- Appropriate training aids e.g. Replica weapon systems, flashbangs, replica uniforms etc
- Safety helmet - Various sizes and types e.g. Ballistic helmet, Nato helmet, Cycle helmet, Emergency services helmet, Construction industry helmet
- Appropriate Communication equipment e.g. Track 24 (pocket buddy, echo and whisper)
- A minimum of 1 Resuscitation manikin between a maximum of 4 learners
- A minimum of 1 training defibrillator between a maximum of 4 learners
- A minimum of 1 disposable training dressing per learner
- A minimum of 1 first aid kit
- A variety of tourniquets and haemostatic agents for management of catastrophic bleeding.
- Variety of non-re-breather masks, pocket masks and bag valve masks

- Chest Seal
- Other items commonly found in a first aid kit to facilitate training and assessment.
- Safety procedures in place for manikin faces e.g. facilities to sterilise the manikin faces at the end of each course OR one disposable face shield per learner OR manikin face wipes to be used after each learner's demonstration
- Replacement airways and lungs for each resuscitation manikin to be changed at the end of each course
- Training rooms that have carpeted floors or mats/blankets provided, for use during practical sessions
- Adequate training and assessment facilities to accommodate maximum number of learners on the course
- A training room which is safe, that has adequate ventilation, lighting sufficient for learners.

Assessment guidance

The assessment requires learners to demonstrate skills and knowledge and involves a single, or series of, practical sessions conducted under timed conditions which creates potential for assessing a wide range of practical, analytical and interpretative skills.

Simulations are provided for students who are then required to answer questions, resolve problems, perform tasks and take actions etc. according to changing circumstances within the simulation.

The practical assessment will be recorded using the practical matrix.

Quality assurance and standardisation

Internal Quality Assurance activities are to take place and include the following:

- Observation of teaching and learning
- Check the checker (review of Lead IQA / Clinical Governance Officer quality plan against activities)
- Dip sampling of training courses and material
- Internal audits to identify areas of non-conformance
- Centre self-evaluation.

Regular standardisation activities take place and include the following:
- Document and version control
- Use of approved templates
- Sharing of best practice among trainers
- Standardisation sessions.

Tutor / assessor requirements

These requirements will be the responsibility of the centre to enforce.

Tutors/assessors for this programme are required to:

- hold or be working towards a relevant tutor qualification i.e. L3 Education and Training
- have occupational experience and competence in delivering Travel Safety, Hostile Environment Awareness Training (HEAT) and self defence training
- hold an FPOS/FREC3 qualification

ID requirements

It is the responsibility of the centre to have systems in place to ensure that the person attending is indeed the person they are claiming to be.

Programme Content – SAFE Lite

TITLE:	Fragile Environment Awareness
GLH:	90 minutes
LEARNING OUTCOME	ASSESSMENT CRITERIA
1.1 Develop knowledge and understanding of operating in a Fragile environment	• Show awareness and understanding of operating in a Fragile Environment • Show awareness and understanding of assets whilst working in a Fragile environment • Identify external and local sources of information and intelligence • Recognise the importance of utilising cultural awareness techniques

1.2 Develop knowledge and understanding of a variety of risks, threats and dilemmas in a Fragile environment	• Identify potential risks when working in fragile environments:
	   o Personal risk
	   o Group or team risk
	   o Organisational risk
	 • Demonstrate how to assess threat and risks and develop a working strategy
	 • Show awareness and understanding of mitigation measures

1.3 Understand the threat from crime & civil unrest	• Identify different types of crime • Demonstrate knowledge of the risk of different types of crime • Show understanding of how to manage and minimise the risks of different types of crime

1.4 Understand the need for 'self-service' when on deployment in a Fragile environment	• Demonstrate understanding of how to administer themselves in a fragile environment:
	   o Equipment management
	   o Personal administration
	 • Recognise how to pro-active in understanding the operating environment

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TITLE:	Planning, Travel & Risk Assessment
GLH:	**90 minutes**
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
2.1 Develop knowledge and understanding of a variety of travel risks, threats and dilemmas	• Recognise different types of travel risks • Show understanding of check point safety and security procedures
2.2 Understand the need to plan a journey	• Recognise the need to plan a journey • Demonstrate how to plan a journey • Demonstrate understanding and use of appropriate decision-making techniques / models
2.3 Understand the need to carry out a risk assessment / Travel Risk Assessment (TRA)	• Demonstrate understanding of legal requirements associated with TRA's • Demonstrate understanding of the process for writing a TRA • Recognise the implications of not completing a TRA
2.4 Develop intelligence gathering techniques	• Show understanding of the need to consider local knowledge • Identify different types of research and information gathering tools
2.5 Develop basic navigation skills	• Identify basic navigation tools and aids • Demonstrate understanding of map references • Recognise the need to consider weather conditions • Recognise the need to consider local knowledge
2.6 Understand transport safety	• Demonstrate understanding of safe conduct when travelling • Demonstrate how to reduce risk of being a target of criminality • Identify escape routes
2.7 Understand safety in various forms of buildings or accommodation	• Demonstrate ability to reconnoitre buildings and accommodations • Show awareness of accommodation safety • Show knowledge and understanding of room / layout threat and risk mitigation • Recognise escape routes
2.8 Develop communication skills, including emergency communications	• Demonstrate standard radio procedure • Give a radio check • Demonstrate A, B, C of making radio calls • Recognise team roles in communication • Demonstrate Phonetic alphabet

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TITLE:	Situational Awareness: Skills and Behaviour
GLH:	**90 minutes**
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
3.1 Develop understanding of situational awareness	• Show understanding of situational awareness • Identify risk situations
3.2 Develop levels of situational awareness and appropriate behaviour	• Recognise alertness Levels • Identify methods for developing a Security Culture • Recognise body language through behaviour • Show understanding of Individual Behaviours
3.3 Develop a knowledge and understanding of decision-making techniques / models	• Demonstrate understanding of appropriate decisionmaking techniques / models • Demonstrate the use of decision-making techniques / models
3.4 Understand how to react and respond in a crisis situation in a fragile environment	• Recognise a crisis situation • Identify appropriate reactional responses
3.5 Understand environmental risks / natural disasters	• Show awareness of environmental hazards • Recognise environmental hazards and their risks • Identify mitigation methods
3.6 Develop Personal Security and Surveillance Awareness	• Show techniques for surveillance awareness • Recognise when being surveilled • Identify mitigation measures if under surveillance

TITLE:	Medical training and Trauma care
GLH:	4 Hours
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
4.1 Understand the context of administering first aid in a Fragile environment	• Recognise risks when administering first aid in a fragile environment • Identify the role and responsibilities of a first aider • Identify how to minimise the risk of infection to self and others • Identify the need for consent to provide first aid including cultural considerations

4.2 Be able to assess an incident in a Fragile environment	• Conduct a scene survey with consideration of:
	  o Situational awareness
	  o Risk assessment
	• Conduct a primary survey of a casualty

4.3 Be able to manage catastrophic bleeding	• Recognise catastrophic bleeding
	• Demonstrate management of catastrophic bleeding using:
	  o Direct pressure
	  o Indirect pressure
	  o Tourniquets
	  o Haemostatic agents

4.4 Be able to provide basic life support to an unresponsive casualty	• Assess a casualty's level of consciousness • Demonstrate how to open a casualty's airway and check for breathing • Identify when to administer Cardio Pulmonary Resuscitation (CPR) • Demonstrate CPR using a manikin • Demonstrate use of an AED on a manikin • Demonstrate how to place a casualty into the recovery position
4.5 Know how to provide basic first aid	• Demonstrate how to control external bleeding • Identify and administer first aid to a casualty who is suffering from shock • Identify and administer first aid to a casualty with minor burns and scalds
4.6 Understanding of the contents of a first aid kit	• Basic kit • Workplace kit • Travel kit

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TITLE:	Terrorism Awareness
GLH:	**1 Hour**
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
5.1 Develop knowledge and understanding of terrorism and types of terrorist attacks	• Identify different types of terrorist attacks • Show awareness and understanding of how terrorism varies worldwide • Identify mitigation measures
5.2 Develop understanding of Kidnap & Abduction	• Recognise the different phases of a kidnapping • Recognise mitigation measures
5.3 Understand ballistics and weapon effects	• Show awareness and understanding of common weapon threats in fragile environments

TITLE:	Personal protection and Armoured vehicles
GLH:	**30 minutes**
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
6.1. Understand the use and capabilities of appropriate Personal Protective Equipment (PPE)	• Recognise appropriate Personal Protective Equipment (PPE) • Identify the role of PPE • Show knowledge of the use and explain the capabilities of appropriate PPE • Show understanding of correct fitting of appropriate PPE
6.2. Develop knowledge and awareness of armoured vehicles (AV)	• Recognise an Armoured Vehicle (AV) • Show understanding of the role of AV's • Show awareness of how to interact and personal responsibilities when using AV's

TITLE:	Safety and security training Lite
GLH:	90 minutes
LEARNING OUTCOME	**ASSESSMENT CRITERIA**
7.1 Understand the theory of conflict management, including the effects of stress and fear	- Explain the terms Freeze, Fight and Flight - Identify emotional states
7.2 Develop knowledge and understanding of threat, risk and situational awareness.	- Show understanding of risk in the context of self-protection - Show understanding of what threat is in the context of self-protection - Identify states of situational awareness - Show understanding of why situational awareness is an essential element of staying safe
7.3 Understand conflict communications and De-Escalation techniques	- Demonstrate understanding of appropriate decision-making techniques / models - Identify Human Responses in Conflict Situations - Show understanding of Betari's Box - Show understanding of Ego States - Demonstrate use of appropriate body language - Demonstrate appropriate communication strategies
7.4 Understand law in relation to the use of Force In England and Wales	- Demonstrate knowledge of the Human Rights Act - Demonstrate knowledge of law in relation to the use of force In England and Wales - Demonstrate knowledge and understanding of the health and safety at work act
7.5 Understand Conflict Resolution Principles	Demonstrate knowledge of Conflict Resolution Principles